



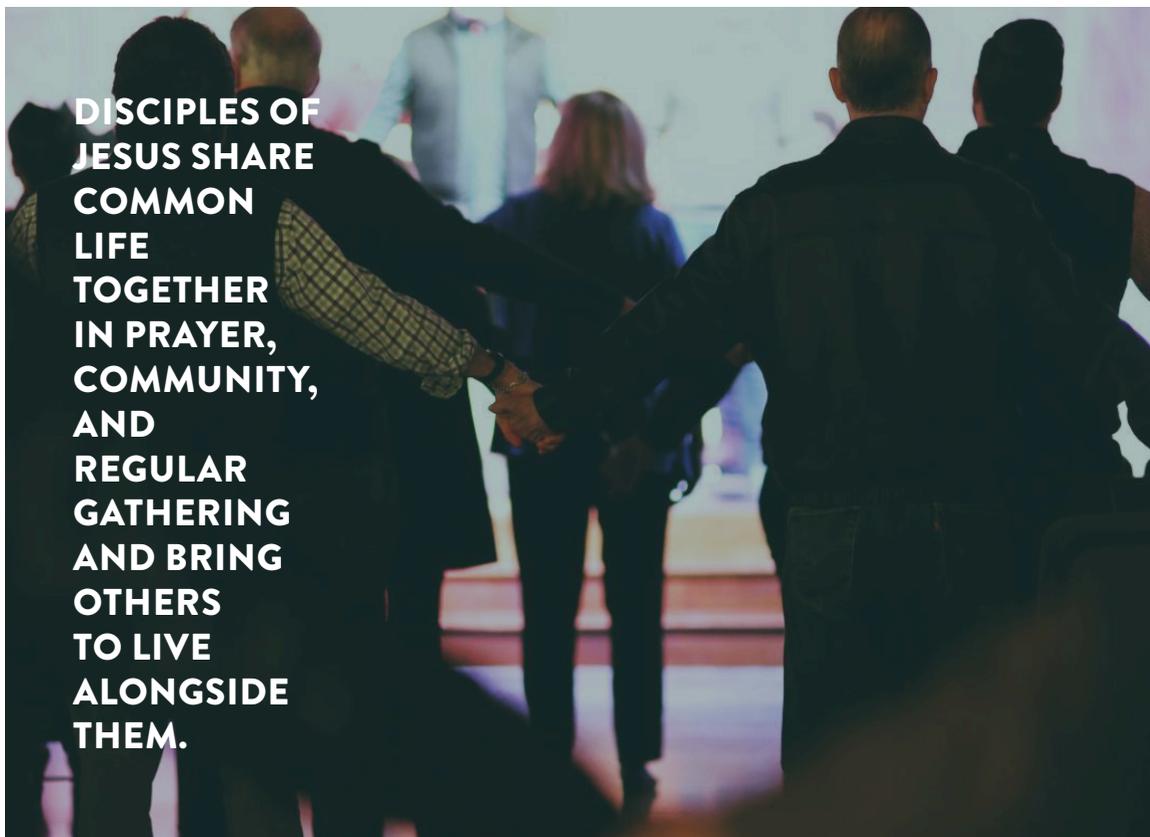
Living

GUIDE



MEMORIAL DRIVE UNITED METHODIST CHURCH

HOW ARE YOU LIVING?



**DISCIPLES OF
JESUS SHARE
COMMON
LIFE
TOGETHER
IN PRAYER,
COMMUNITY,
AND
REGULAR
GATHERING
AND BRING
OTHERS
TO LIVE
ALONGSIDE
THEM.**

You belong.

We believe there is a place for you to find community at MDUMC.

As you look through this edition of the MDUMC Living Guide, consider the ways that finding community within a Home Group, lifestyle group, or care group can make a difference in your life! We are meant to live life and grow in faith together. There are many opportunities in our midst to deepen and strengthen our lives with the hope that we will all become better disciples of Jesus Christ for the transformation of the world.

HOME GROUPS

READY TO FIND A GROUP?

Contact JenniferVS@mdumc.org to find your place within a Home Group.

MDUMC's Home Group ministry exists to create ever-expanding circles of belonging where God's love and grace are communicated and lives are transformed.

WHO ARE THESE GROUPS FOR?

Home Groups are open to anyone—church members, visitors, neighbors, even people who have never been to any church! If you are craving a sense of belonging and community, this is a great way to find it.

WHAT IS A HOME GROUP?

This is a place where you can feel at home among friends, a place you go to check in on your weekly walk with God, a place to find shelter and rest from the busyness of life. Home Groups meet at the same time and place every week in order to build relationships with one another and grow closer to God. Ideal group size is 8-15 people, and groups are usually made up of a mixture of ages and life stages.

HOW WILL THIS HELP ME GROW IN FAITH?

Structuring our Home Groups around the question “How is your life in God?” might seem odd. But the very act of asking that simple question on a weekly basis—in the presence of like-minded friends—causes you to pay more attention to your spiritual formation. It becomes a practice that the Holy Spirit can use to drastically change your life.

WHAT DO HOME GROUPS DO?

Groups meet for an hour and a half, once a week. For the first 2 months, groups will read and discuss *The Class Meeting* by Kevin Watson. The book explains a lot of the “why” and “how” behind these groups. Later, groups will be guided in discussion based on sermons from the previous Sunday. The first half of the meeting is a time of guided discussion, and the second half of the meeting engages the question, “How is your life with God?” Our meetings begin and end with prayer, and snacks are highly encouraged!

WHY SHOULD I GIVE THIS A CHANCE?

We are not created to do life alone. We all need people we can trust with our stories and who can help us listen for God's guidance in our lives. The best way for us to be more like Jesus Christ is to gather with his people and share the journey together.

READY TO GET STARTED WITH HOME GROUPS?

HOME GROUPS STARTING POINT

This is your front door to Home Groups at MDUMC. Join us for 4 weeks of meals, discussion, and fellowship. Meet others interested in Home Groups, ask questions, and get comfortable with regular meetings. All are welcome!

Contact **JenniferVS@mdumc.org** to sign up for Starting Point.

LIFESTYLE GROUPS

CHILDREN'S MINISTRY | AllysonGeorge@mdumc.org

Our passion is family ministry, and our common task is to help achieve this identity by encouraging a spiritual connection with God and a loving connection with each other. MDUMC Kids grow in community in a variety of ways. Learn more at **mdumc.org/children**.

YOUTH MINISTRY | MarkBogart@mdumc.org

Our Youth Ministry is dedicated to three simple things: Meaningful relational investment in the lives of students and parents, honest and authentic Bible teaching, and missional service of our local, national, and international neighbors. Our aim is to help students continually cultivate a desire to discover and develop a meaningful relationship with Jesus Christ. Students meet together throughout the week for fellowship and study. For a schedule of events, visit **mdumc.org/youth**.

YOUNG ADULT MINISTRY | CarrieNeal@mdumc.org

We all have questions about the world, about God, about our faith, but it seems like there's never a right time and place to ask them. Join us at MDUMC in a variety of groups fit to meet your age & stage of life, to have meaningful conversations about these questions and more. Our Young Adult Ministry is new, and we are excited about upcoming opportunities! If you are interested in finding community with other young adults or young families, please contact **CarrieNeal@mdumc.org**.

WOMEN'S GROUPS | JudyBrewer@mdumc.org

MDUMC MOMS

Tuesdays Beginning August 27 | 9:15 - 10:30 AM | C201

All moms, especially those with infants – 6th graders, are invited to join MDUMC Moms for weekly fellowship and Bible study. Childcare is available for \$20.

MOTHERS OF PRESCHOOLERS (MOPS)

Second and Fourth Tuesdays Beginning September 10 | 9 - 10:30 AM | C200

Being a mother is hard. Our goal is to create a community of Christian moms doing their best to raise their children and help each other. MOPS gathers bi-weekly for coffee, snacks, devotional or topical speaker, discussion, and prayer. The cost is \$40 (+\$20 for childcare for the year).

UNITED METHODIST WOMEN

The organized unit of United Methodist Women is a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church. MDUMW has 5 small groups called Circles that meet weekly or monthly.

MEN'S GROUPS | MichaelJarboe@mdumc.org

MEN'S LIFE

Tuesdays Beginning September 3 | 6:30 - 7:30 AM | The Refuge

MDUMC men meet weekly for breakfast from Mas Taco, followed by a short lesson. We conclude with time for fellowship before we get you on the road to work as better men, dads, husbands, and disciples of Jesus Christ!

MEN OF ACTION

Tuesdays | 8 - 9 AM | Wesley Hall

After a delicious \$5 breakfast and a brief devotional, you'll hear from a speaker on various topics from current ministries in the church to politics, health, and social issues. First-time guests are welcome to come for a free breakfast.

SINGLES MINISTRY | SheriKelley@mdumc.org

The Memorial Drive Single Vision Ministry is a caring and supportive community providing the opportunity for Christian growth, fellowship, service, and witness while affirming that all single adults are whole individuals and are important members of God's Holy Family. Ours is a mid-singles community ministry for singles 45+. Everything we offer is open to the community. Opportunities include small groups, day trips, sporting events, support groups, service projects, and more.

OLDER ADULT GROUPS | SheriKelley@mdumc.org

SENIOR GROUPS

On any given Thursday, you'll find something happening on the Main Campus for older adults in the program we call Body, Mind, & Spirit. Join us for lunch at noon. We go through the kitchen lunch line and dine in Room D100. Main course, side, and dessert is \$5 (add a salad for \$2). At 12:30, we share a devotional before a variety of afternoon activities (movie day, medical moments, technology classes, games, and more) begin.

BOOMER GROUPS

If you were born between 1946-1964, then you're considered a Boomer! Many outings and learning opportunities are available, but not limited, to this group. There are day & weekend trips, concerts, plays, sporting events, and tours of places of interest in the Houston area. Social Security and Medicare seminars are regularly scheduled for those approaching retirement. We welcome everyone!

RECREATION | KimKennedy@mdumc.org

There are opportunities to move together for all ages - from children's baseball, softball, tee-ball, volleyball, and dance classes to adult yoga, Keeping the Faith Fitness classes, and more. These opportunities foster community as we work to become whole in body, mind, and spirit.

HEALTH AND WELLNESS | LindaJenkins@mdumc.org

The mission of our wellness ministry is to enhance the health and wholeness of individuals and groups of all ages and stages, through a multi-faceted program of practical and spiritual guidance, assistance and empowerment. We look forward to developing this ministry more fully, and we're excited for you to be a part of it.

CARE & SUPPORT GROUPS

Part of living in community means caring for and supporting one another in a variety of ways. Care and Support ministry at MDUMC includes the following programs that meet consistently throughout the week.

For more information about any of these opportunities, please visit mdumc.org/care or contact SheriKelley@mdumc.org.

A.A.

ADDults

Al-Anon

Alzheimer's Support Respite Care

ASPIE

SUPPORT FOR PEOPLE WITH ASPERGER'S

Blood Drives

CanCare

Chronic Pain & Illness Support

DivorceCare

Family & Friends/Open Hearts

A RECONCILING COMMUNITY FOR
FAMILIES & FRIENDS OF LGBTQ PERSONS

Grief Share

Home Bound Communion

Texas HR Pros in Transition

Krist Samaritan Counseling

Lifeway Substance Use Support

Medical Equipment Support

Medical Transportation

National Alliance on Mental Illness
(NAMI)

NAMI Family Support Group

Neuropathy Support Group

Prayer Ministry

Prayer Shawl Ministry

S.A.A.

SOBR

Special Needs Ministry

Stephen Ministry

Stroke Support Group



HOME GROUPS DINNER TABLE

COMING IN OCTOBER

8-12 MDUMC members.
Good food.
Compelling conversation.

Contact JenniferVS@mdumc.org.

Ready to find community?

Contact JenniferVS@mdumc.org or a
ministry leader to find a place to call home.

Connect
with us.



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UNITED METHODIST CHURCH

@MemorialDriveUMC 

@mdumc 